



Face covering protocol for Neighborhood House volunteers

In accordance with [Washington State](#) regulations, Neighborhood House Volunteers are required wear cloth face coverings to help slow the spread of Covid-19.

Who should wear face coverings?

All employees and visitors at Neighborhood House locations, or employees who are working at non-NH locations. If volunteers have a medical condition or disability that makes wearing a facial covering inappropriate, they should disclose this information to the Volunteer Services Manager only.

I have received the COVID-19 vaccine. Do I still need to wear a face covering?

Yes, [Washington State Department of Health](#) recommends that in public spaces or group settings, vaccinated individuals should still wear a face covering.

When should we wear face coverings?

Indoors: Regardless of vaccination status, all employees and visitors are required to wear a cloth facial covering **at all times** when at an NH site or when working at a non-NH site, except when consuming food or drink. If consuming food or drink, social distancing needs to be maintained.

Outdoors: Regardless of vaccination status, masks are required when meeting outdoors, unless you can maintain six feet of physical distance from staff, volunteers, clients, or families. Masks offer some protection to the wearer and are also meant to protect those around the wearer, in case they are infected with the virus that causes COVID-19.

Q: *What if it is hot out? Can I take my mask off during outdoor meetings?*

A: A face covering alone will not cause a person to overheat. You may remove your mask when outdoors, if you are maintaining a six-foot social distance from others.

Note: When going into a workspace where someone else is working, announce yourself and stay six feet away. Even with a face covering, you should maintain the maximum distance from other people.

What is acceptable face covering?

Per [CDC recommendations](#), choose masks that:

- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don't have gaps
- Have a nose wire to prevent air from leaking out of the top of the mask

Masks with exhalation valves or vents

If your mask has an exhalation valve or vent, you must cover it with a second mask that does not have a valve or vent.

Helpful tips

Do not touch your eyes, nose, or mouth when removing your face covering. [Wash hands](#) immediately after removing.

What if I don't have a face covering?

Talk to your volunteer supervisor immediately if you do not have one and they will provide one for you.

Questions

For questions and additional information, contact the Volunteer Services Manager.

MASKS PROTECT YOU AND ME



Thank you for wearing a mask around others! People age 5 years and older should wear masks.

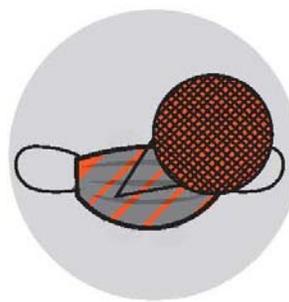
Masks Should:



Have 2 or more layers



Allow you to breathe



Have tightly woven fabrics such as cotton



Fit snugly over nose and mouth with no large gaps

Tips for getting a snug fit:



Wear masks with a wire nose clip secured on the nose



Try a Mask Fitter or Brace



You can wear a cloth mask over a disposable mask

Please reserve N95s for health care workers.

For more information:
kingcounty.gov/masks

Public Health
Seattle & King County 

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