



# Face covering protocol for Neighborhood House volunteers

In accordance with [Washington State](#) regulations, Neighborhood House Volunteers are required wear cloth face coverings to help slow the spread of Covid-19.

## Who should wear face coverings?

All employees and visitors at Neighborhood House locations, or employees who are working at non-NH locations. If volunteers have a medical condition or disability that makes wearing a facial covering inappropriate, they should disclose this information to the Volunteer Services Manager only.

## I have received the COVID-19 vaccine. Do I still need to wear a face covering?

Yes, the [CDC recommends](#) that in public spaces or group settings, vaccinated individuals should still wear a face covering.

## When should we wear face coverings?

- All volunteers are required to wear a cloth facial covering **at all times** when at an NH site or when working at a non-NH site, except when consuming food or drink.

**Note:** When going into a workspace where someone else is working, announce yourself and stay six feet away. Even with a face covering, you should maintain the maximum distance from other people.

## What is acceptable face covering?

Per [CDC recommendations](#), choose masks that:

- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don't have gaps
- Have a nose wire to prevent air from leaking out of the top of the mask

## Masks with exhalation valves or vents

Masks with one-way valves or vents allow exhaled air to be expelled out through the holes in the material. This can allow exhaled respiratory droplets to reach others and potentially spread the COVID-19 virus. *If your mask has an exhalation valve or vent, you must cover it with a second mask that does not have a valve or vent.*

## Helpful tips

Do not touch your eyes, nose, or mouth when removing your face covering. [Wash hands](#) immediately after removing.

## What if I don't have a face covering?

Talk to your volunteer supervisor immediately if you do not have one and they will provide one for you.

## Questions

For questions and additional information, contact the Volunteer Services Manager.

